



CIZMECI ILKOKULU LETS GO TO LEARN OUTSIDE

“GAMES AND SPORT OUTSIDE” ACTIVITY

SLOVAKIA GAME

### **Indian Stick**

*The aim of the game is to take the stick to your side of the playing area.*

*Material: Stick*

- 1. You need to be divided into 2 balanced teams, the more people the better.*
- 2. Each team member is assigned a number (If there are 10 people numbers 1-10).*
- 3. Therefore put the stick in the middle of the playing area, when he shouts a number the game starts.*
- 4. The people who have that number run to get the stick. Fight for it.*
- 5. The person who has it tries to run to their side before the opponent with the same number touches them.*
- 6. If they are touched, the opponent gets the point.*
- 7. If the person successfully gets to his side without being touched his team gets the point.*
- 8. If the fight goes on for some time, another number will be called, but you will only get the point if you touch the person with the stick who has the same number as you.*
- 9. Winners are the ones who have the most points after the game is ended.*

### **Dodgeball**

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- One team has to eliminate every member of the other team by throwing the ball and touching them.

### *Ball*

1. The players are split into two teams.
2. Both teams choose their captain.
3. Each team has their own marked area/home that they have to stay in/cannot go out of.
4. But the captains have to stand behind the opponent team.
5. Play rock, paper, scissors to decide which team should start.
6. The winning team gets the ball. The captain throws the ball through the opponent team to his/her team.
7. When the team gets the ball they can start to eliminate the opposition by throwing the ball to hit any part of their body, from the head down.
8. If the ball lands on the floor it needs to be passed to any member of the team.
9. When you are eliminated you go to a designated space next to the opposition team, from where you can help but cannot be again eliminated.
10. The game is over when one team has been totally eliminated.

## **PORTUGAL GAME**

### **Top game**

It is a very old traditional game that is played all over the world.

The top is an individual game, the participants play by himself. The basic movements of the game are the roll and the throw. The materials used are: rope to launch and the wooden or plastic spinning top.

After throwing the top on the ground, the player tries to pick it up with the index and middle finger; the goal is to spend more time rotating in your hand or passing from hand to hand, without letting it stop spinning ("die").

## **GREECE GAME**

The handkerchief...

Handkerchief is a game that can be played in an open-air yard/outdoors, with either boys or girls.

Children are separated in two equal teams, one opposite the other, in two parallel lines, facing each other, 10 meters away.

Each player has a number... 1,2,3... e.t.c and has to be opposite the player of the opponent team, that has the same number (1 to 1, 2 to 2, 3 to 3... e.t.c.)

The "leader" of the game stands in the middle of the open-air yard holding a handkerchief!

The game begins when the leader says a number –for example... No 3. The players of both teams, that have No 3, have to run and "grab" the handkerchief.

Each player has to make sure that the other player will not take her/his handkerchief. So, she/he runs away as far as she/he can. She/he has to go back to his team holding the handkerchief in her/his hand. If she/he succeeds, her/his team gains one point. If the opponent team's player "grabs" the handkerchief from her/him, the point goes to that team.

Sometimes, the "leader" calls/invites two, three or four numbers-players simultaneously, in order to cause confusion to both teams.

The winning team is the one that gains more points than the other!

## LITHUANIA GAME

### "Fishes and Net"

Number of players: 4-100 (more players - longer game and bigger space is needed)

Rules: one player is a "Net" the rest are fishes. The Net catches the fishes, when he catches one they join with hands forming longer "Net". Now two players are the Net, they have to catch fishes and form longer Net.

The "Net" must always be connected with hands!

The game finishes when all fishes are caught.

## TURKEY GAME

## YAKAN TOP

Dodgeball is a sport played by throwing soft balls, or hard rubber balls, at people in a square court. The goal is to be the last one to be hit with the ball. Players may only throw balls at people who are not on their own team. If a player is hit by the ball, he or she should go to the outside of the court to the other team. From the outside, players throw the ball at players still on the inside.

## ROMANIA GAME

### The ducks and the hunters

- \* Setup: The players (as many as you want) stay in a line (these are the ducks) and two of them are chosen to be hunters and they stay in the front and the back of the line.
- \* Objective: Kill all the ducks.
- \* Gameplay: The hunters throw a ball at the ducks and try to hit them, taking one life from the victim. The ducks have two lives each and the one that remains last wins the game.