

# Life Cycle Role Plays



The frog life cycle consists of three main stages – egg, tadpole and adult frog. The process of change is called metamorphosis. Investigate other species which metamorphosise.

Using drama and music to tell the story of the life cycles of frogs, butterflies, chickens, dragonflies etc is a great interdisciplinary approach. It allows you to cover outcomes from life science alongside drama and other expressive arts such as dance if you put it to music.

Give the activity a literacy angle by writing the story of the life cycle from the animal's perspective.

## **Activity**

- You are a newly laid egg in a frog spawn mass. Curl up into a ball. For multiple people huddle together in your curled-up positions.
- Start to open and get to a standing position the egg begins to hatch.
- You are now a tadpole. Begin to move around with your feet together and hands at their side.
- Back legs start to grow – shake both legs and begin moving with legs wide apart. Arms must still be by your sides.
- Your front legs appear next– wiggle your arms from the elbows down, upper arms must still touch your sides.
- You are now breathing with lungs, puff your cheeks in and out as you move around.
- You are a fully developed frog now, so hop around, puffing your cheeks in and out.

## **Extension**

- Write the diary of a tadpole changing into a frog?
- Film the mime and put it to music – like a life cycle dance